






MENU Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	A Selection of Cereals Brown Bread Toast	A Selection of Cereals Brown Bread Toast	A Selection of Cereals Brown Bread Toast	A Selection of Cereals Brown Bread Toast	A Selection of Cereals Brown Bread Toast
 Snack	Satsuma	Crumpets	Apple Slices	Breadsticks with Dip	Seasonal Fruit
 Lunch	Chicken Curry & Rice	Cottage Pie with Peas	Roast Lamb, Roast Potatoes, Vegetables, Gravy & Mint Sauce	Sausage & Bean Casserole with Mashed Potato	Salmon with New Potatoes & Veg
Vegetarian	Vegetable Curry & Rice	Vegetable & Bean Pie with Peas	Leek & Cheese Tartlet with Potatoes & Veg	Mixed bean Casserole with Mashed Potato	Quorn Fillet with New Potatoes & Veg
	Fruit Salad	Apple Crumble & Ice Cream	Fruit Salad	Fruit Flapjacks	Yoghurt
 Snack	Pitta & Dip	Banana	Cheese Straws	Grapes	Carrot & Cucumber Sticks
 Tea	Sandwiches with Vegetable Sticks Homemade Shortbread	Beans on Toast Strawberry Yoghurt	Pizza with Veg Sticks Jam Sponge	Seasonal Soup & Crusty Bread Yoghurt	Jacket Potato with Tuna Mayo Gingerbread Men

All meals are homemade & freshly prepared on the premises
[Vegan options available to all meals and puddings](#)