






MENU Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast A selection of cereals Brown bread toast	A selection of cereals Brown bread toast	A selection of cereals Brown bread toast	A selection of cereals Brown bread toast	A selection of cereals Brown bread toast
	Snack Crumpet	Banana	Rice cakes	Apple	Scone and jam
	Lunch Beef chilli with rice	Fish pie with peas	Roast chicken, roast Potatoes, 2 vegetables and gravy	Sausage and bean casserole, jacket potato and vegetables	Lamb tagine with cous cous
	Vegetarian Option Vegetable chilli with Rice Banana and custard	Vegetable pie with Peas Yoghurt	Quorn roast, roast potatoes, 2 vegetables and gravy Seasonal fruit	Mixed bean casserole, jacket potato and vegetables Yoghurt and berries	Vegetable tagine with cous cous Chocolate brownies
	Snack Pears	Breadsticks	Satsuma	Pitta and dip	Cheese cubes
	Tea Ham and cheese wraps With vegetables sticks Lemon drizzle cake	Sausage rolls/cheese Rolls with spaghetti hoops Chocolate cake	Macaroni cheese And garlic bread Anzac cookies	Tuna pasta salad Banana split	Mixed sandwiches and Vegetables sticks Fresh fruit

All meals are homemade and freshly prepared on the premises
 Vegetablesan options available to all meals and puddings