

MENU Week Four



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals Brown bread toast	A selection of cereals Brown bread toast	A selection of cereals Brown bread toast	A selection of cereals Brown bread toast	A selection of cereals Brown bread toast
Snack	Crumpets	Cracker with spread	Satsuma	Breadsticks with dip	Banana
Lunch	Turkey curry with rice and naan	Sausages, mashed potato, vegetables and gravy	Beef stew, dumplings, mashed potato and vegetables	Lamb moussaka with sweetcorn	Sweet and sour chicken with rice
Vegetarian Option	Vegetable curry with rice and naan	Vegetable sausage, mashed potato, vegetables and gravy	Vegetable stew, dumplings, mashed potato and vegetables	Vegetable moussaka with sweetcorn	Sweet and sour vegetables with rice
	Yoghurt	Fresh fruit	Chocolate chip Cookies	Banana and custard	Yoghurt
Snack	Vegetable sticks and dip	Seasonal fruit	Scone and jam	Apple slices	Pitta and dip
Tea	Spaghetti carbonara	Pizza with vegetable sticks	Sausage in a bun with mini corn on the cobs	Jacket potato with cheese	Sandwiches and vegetable sticks
	Apple pie and custard	Cupcakes	Yoghurt	Fruit salad	Chocolate sponge and custard

All meals are homemade and freshly prepared on the premises
 Vegetablesan options available to all meals and puddings